



Reporting

Healthy Schools Assessment report for Spokane International Academy.

Policy & Environment

QUESTION	STATUS	ACTION ITEM	COLUMN
PO-1 Representative school health committee or team	Under development	Yes	To work on
PO-2 Written school health and safety policies	Under development	No	-
PO-3 Local school wellness policy	Under development	No	-
PO-4 School start times	Under development	No	-
PO-5 Health services provided by a full-time school nurse	Under development	No	-
PO-6 Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Under development	No	-
PO-7 Parenting strategies	Not in place	No	-
PO-8 Family engagement in school decision making	Under development	No	-
PO-9 Community involvement in school health initiatives	Not in place	No	-
PO-10 Out-of-school programs	Not in place	No	-

Nutrition Services

QUESTION	STATUS	ACTION ITEM	COLUMN
NS-1 Breakfast and lunch programs	Fully in place	No	-
NS-2 School breakfast	Under development	Yes	To work on
NS-3 School lunch	Under development	No	-
NS-4 Variety of offerings in school meals	Fully in place	No	-
NS-5 Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	No	-
NS-6 Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7 Venues outside the cafeteria offer fruits and vegetables	Fully in place	No	-
NS-8 Collaboration between school nutrition services staff members and teachers	Not in place	No	-
NS-9 Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Partially in place	No	-
NS-10 Prohibit using food as reward or punishment	Partially in place	No	-
NS-11 Adequate time to eat school meals	Fully in place	No	-
NS-12 Farm to School activities	Partially in place	No	-

Smart Snacks

QUESTION	STATUS	ACTION ITEM	COLUMN
SS-1 All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-2 All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-3 Food and beverage marketing	Fully in place	No	-
SS-4 All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	No	-
SS-5 All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6 All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7 Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Under development	No	-

Health & Physical Education

QUESTION	STATUS	ACTION ITEM	COLUMN
HPE-1 Minutes of physical education per week	Not in place	No	-
HPE-2 Years of physical education	Not in place	No	-
HPE-3 Sequential physical education curriculum consistent with standards	Under development	No	-
HPE-4 Students active at least 50% of class time	Fully in place	No	-
HPE-5 Professional development for physical education teachers	Partially in place	No	-
HPE-6 Information and materials for physical education teachers	Under development	No	-
HPE-7 Licensed physical education teachers	Fully in place	No	-
HPE-8 Health education taught in all grades	Fully in place	No	-
HPE-9 Required health education course	Fully in place	No	-
HPE-10 Essential topics on physical activity	Partially in place	No	-
HPE-11 Essential topics on healthy eating	Partially in place	No	-
HPE-12 Opportunities to practice skills	Fully in place	No	-

Physical Activity

QUESTION	STATUS	ACTION ITEM	COLUMN
PA-1 Recess	Partially in place	No	-
PA-2 Availability of physical activity breaks in classrooms	Under development	No	-
PA-3 Promotion or support of walking and bicycling to and/or from school	Under development	No	-
PA-4 Availability of before- and after-school physical activity opportunities	Partially in place	No	-
PA-5 Professional development for classroom teachers	Not in place	No	-
PA-6 Prohibit using physical activity as punishment	Fully in place	No	-
PA-7 Prohibit withholding recess as punishment	Under development	No	-
PA-8 Access to physical activity facilities outside school hours	Not in place	No	-

Employee Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
EW-1 Health assessments for staff members	Not in place	Yes	To work on
EW-2 Programs for staff members on physical activity/fitness	Not in place	No	-
EW-3 Programs for staff members on healthy eating/weight management	Not in place	No	-
EW-4 Promote staff member participation	Not in place	No	-
EW-5 Stress management programs for staff	Not in place	No	-
EW-6 All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Under development	No	-

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