APRIL 2024

Health-e Pro



MON	TUE	WED	THU	FRI
1 Spring Break	² Spring Break	³ Spring Break	⁴ Spring Break	5 Spring Break
8 Breakfast: Bagel & Cream Cheese Lunch: Chicken Drumstick & Pretzel	9 Breakfast: French Toast Sticks Lunch: Corn Dog (Chicken)	10 Breakfast: Homemade Muffin & Yogurt Lunch: Meatballs in Marinara w/ Garlic Toast	11 Breakfast: Mini Waffles Lunch: Grilled Cheese & Tomato Soup	12 Breakfast: Cereal Bar Lunch: Chicken Strips & Waffle
15 Breakfast: Breakfast Corn Dog Lunch: Garlic Cheese Toast	16 Breakfast: Smoothie & Goldfish Grahams Lunch: Orange Chicken & Rice	17 Breakfast: Banana Bread Squares Lunch: Hot Dog	18 Breakfast: Sausage & Cheese Breakfast Sandwich Lunch: Chicken Alfredo	19 Breakfast: Glazed Donut Lunch: Pancakes & Scrambled Eggs
22 Breakfast: Choice of Cold Cereal Lunch: Dominos	23 Breakfast: Bacon Breakfast Pizza Lunch: Beef Teriyaki Dippers & Rice	24 Breakfast: Maple Baked French Toast Lunch: Chicken Nuggets	25 Breakfast: Mini Cinni Lunch: Macaroni & Cheese	26 Breakfast: Donut Bar Lunch: French Toast & Scrambled Eggs
29 Breakfast: Chocolate Chip Grahams & Yogurt Lunch: Mini Corn Dogs	30 Breakfast: Waffles Lunch: Cheese Quesdilla			

ANNOUNCEMENTS

In addition to these main entrees, students are offered at least 1/2 cup of fruit and 3/4 cup of vegetables every day for lunch. The vegetables offered over the week must meet the 5 subgroups- Dark Green, Red/Orange, Starchy, Legumes, and Other.

To find our full menu plus the ingredients in each item, head to our website and check out the My School Menu!

MEAL PRICES

Breakfast: Free Lunch: Free

Breakfast & Lunch is FREE for all students this year!